



# Lord, Teach Us To Pray.

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Study Notes, by Elijah Baba

## LORD, TEACH US TO PRAY

**Luke 11:1** And it came to pass, that, as he was praying in a certain place, when he ceased, one of his disciples said unto him, Lord, teach us to pray, as John also taught his disciples.

Prayer must be a life-style; we must create a culture of prayer. Prayer is not an event, but a lifestyle. Luke 18:1 KJV And he spake a parable unto them to this end, that men ought always to pray, and not to faint. K.A.G.O prays in accordance to the prayer pattern given by Jesus Christ when He taught His disciples to pray in the Gospels: Jesus said to them, "When you pray, say this: Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever. Amen. (Mathew 6:9-13). The 7 prayer points are given to believers to pray through the gates of time in accordance to the Word of God. Seven times a day do I praise thee because of thy righteous judgments. (Psalms 119:164 KJV). Prayer must be a life-style; we must create a culture of prayer. Prayer is Communion: spiritual unity, closeness, intimacy, close association with God the Father; Prayer is Fellowship: partnership, companionship, mutuality, solidarity with God the Son and prayer Communication: interaction, consultation, exchange, transfer with God the Holy Spirit.

According to the Luke 11:9 to pray is to **A.S.K** (Ask, Seek, Knock). And so I say to you: Ask, and you will receive; seek, and you will find; knock, and the door will be opened to you. Prayer is made for everyone...1 Timothy 2:1-2 says: "I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men; (2) For kings, and for all that are in authority; that we may lead a quiet and peaceable life in all godliness and honesty".

## THE LORD'S PRAYER

Jesus said to them, "When you pray, say this: Matthew 6:9-13 Our Father which art in heaven, Hallowed be thy name. (10) Thy kingdom come. Thy will be done in earth, as it is in heaven. (11) Give us this day our daily bread. (12) And forgive us our debts, as we forgive our debtors. (13) And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever. Amen. The following are the 7 prayer points the Lord Jesus gave to us and He said in this manner you must pray. You can apply this prayer as your one hour prayer partten divided into 10 minutes per prayer.

### PRAYER 1: Worship and Thanksgiving (10 minutes): "Our Father which art in heaven, Hallowed be thy name"

**Worship** is a natural response of the created to the creator. Praise and worship should be a natural and spontaneous, overflowing, like saying: Thank You! It is not a coincidence that the Lord Jesus began to teach us to pray with praise and worship. Thanksgiving is a grateful spirit. It is the soil in which faith, hope and love grow and flourish. It's all too easy to take for granted the many blessings we have received and continue to receive daily. **Psalms 100:4 Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name.**

### Worship and Thanksgiving Instructional Example

- Sing a song of worship to God as led.
- Thank God for keeping you, your family and all that pertains to you, since this year began.
- Worship Him for the great things He is going to do in your life in this new year of rising up from impossible situations. Bless Him for progress, joy, peace, and righteousness.
- Read out loud a Bible verse to worship God, i.e. Psalms 103:1-22

### Prayer 2: Supplication (10 minutes): Thy kingdom come, Thy will be done in earth, as it is in heaven.

**Supplication** is asking God for something that He expects us to have for ourselves or for others. Supplication is asking for spiritual things, such as, wisdom, the kingdom, the Holy Spirit, strength, peace, joy, faith, etc. This is when you ask God for things that are intangible and those you cannot see with physical sight. (Philippians 4:6-7) Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. (7) And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus.

## Supplication Instructional Example

- Repent of any sin, or blemish that may prevent your prayers from being answered, 'Lord have mercy on me and wash me clean by the blood of Jesus'.
- Pray: 'Lord, this month, I advance into your plan and purpose for my life, family and destiny, in Jesus name!'
- Father, fill me with wisdom and understanding in Jesus mighty name! Lord reveal your glory and give me your kingdom, my inheritance
- Read out loud a Bible verse of supplication, i.e. Psalms 86:1-17

## Prayer 3: Petition/Request (10 minutes): “Give us this day our daily bread”

**Petition** is what every person, Christian or otherwise, thinks about when it comes to prayer: “Oh, God help me”, especially when we are facing challenges. Petition is asking God for tangible/material things such as finances, promotion, blessings, healing, forgiveness, houses, children etc. these are personal and material things that we need for daily living for ourselves or for others. Ephesians 6:18 Pray in the Spirit at all times with every kind of prayer and request there is. For the same reason be alert with every kind of effort and request for all the saints.

## Petition Instructional Example

- Father, bring me into fulfillment that will deliver enduring testimonies into my hands in Jesus name! May praise ascend to you from me because of the great things you will accomplish in my life, family, career, job, finances, ministry and destiny this month and this year, in Jesus mighty name!
- Declare: Father, give me testimonies this month, I will testify of your favor and blessing, I will not go empty handed, in Jesus name!
- Read out loud a Bible verse of petition, i.e. Psalms 143:1-12

## Prayer 4: Intercession (10 Minutes): “And forgive us our debts, as we forgive our debtors”

Intercessory prayer is the act of praying on behalf of others, standing in the gap. The Lord Jesus closed the gap between us and God when He died on the cross. Because of the mediation of the Lord Jesus, we can now intercede in prayer on behalf of others, those who are lost, for our nation, and for the whole world. Pray for others! (1 Timothy 2:5-6) For there is one God, and one mediator between God and men, the man Christ Jesus; (6) Who gave himself a ransom for all, to be testified in due time. (Romans 8:34) Who is he condemning? It is Christ who has died, but rather also who is raised, who is also at the right hand of God, who also intercedes for us.

## Intercession Instructional Example

- Lord, increase your church. Lord, save souls, deliver and multiply; in Jesus mighty name!
- Father, as you draw people into your church, let there be genuine salvation, healing, deliverance and answered prayers. Meet everyone at the point of their needs.
- Lord, let there be holiness, sanctification and consecration.
- Pray about your personal prayer points.
- Read out loud a Bible verse of intercession, i.e. Psalms 96:1-13

## Prayer 5: WARFARE (10 minutes): “And lead us not into temptation, but deliver us from evil”

**Warfare** is a defensive and offensive prayer. We need to understand that we are caught in the middle of a spiritual warfare between good and evil, holy and unholy; we need to pray for God's protection and covering on a daily basis. Don't leave home without it. 1 Peter 5:8 Be alert, be on watch! Your enemy, the Devil, roams around like a roaring lion, looking for someone to devour. (Ephesians 6:12-13) For we are not fighting against human beings but against the wicked spiritual forces in the heavenly world, the rulers, authorities, and cosmic powers of this dark age. (13) So put on God's armor now! Then when the evil day comes, you will be able to resist the enemy's attacks; and after fighting to the end, you will still hold your ground. (2 Corinthians 10:3-6) For though we walk in the flesh, we do not war after the flesh: (4) (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) (5) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into

captivity every thought to the obedience of Christ; (6) And having in a readiness to revenge all disobedience, when your obedience is fulfilled.

### **Warfare Instructional Example**

- Father, I pull down, destroy, cast down and overthrow every hindrance against divine fulfillment in my life, family, career and destiny in Jesus name!
- Father, you are the King of Glory, beat every enemy of my life and destiny into submission. Father, slow down my adversaries, destroy their works, their hands will not be able to fulfil their enterprise towards me and my family.
- Read out loud a Bible verse of warfare, i.e. Psalms 140:1-13

### **Prayer 6: Meditative (10 minutes): “For thine is the kingdom, and the power, and the glory, forever”**

**Meditative** prayer is waiting upon the Lord. It is the declaration of God's attributes and character. When we wait, we are just resting in the glorious presents of God, completely enveloped in His love. After you've prayed, petitioned, worshiped all you can do is wait. After you've done all you can, stand! Knowing that God is faithful to do what He promised. Ephesians 6:13 Therefore take to yourselves the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. Psalm 37:9 For evildoers shall be cut off: but those that wait upon the LORD, they shall inherit the earth. Isa 40:31 But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint. Philippians 4:8 Finally, my brothers, whatever things are true, whatever things are honest, whatever things are right, whatever things are pure, whatever things are lovely, whatever things are of good report; if there is any virtue and if there is any praise, **meditate** on these things.

### **Meditation Instructional Example**

- For thine is the kingdom, and the power, and the glory, forever” In this new year, I am marching forward, I will not go back, depression, rejection, loss is not my portion; advancement, promotion, increase is mine. I enter into my possessions, God's plan for me, my family and destiny will come to fulfillment, in Jesus mighty name. Health is mine, joy is mine, peace is mine, love is mine, supernatural progress is mine in Jesus name, I overcome every wall, obstacle, delay, repression, sidelining along my way in Jesus mighty name! Amen! and Amen!! and Amen!!!
- Read out loud a Bible verse of meditation, i.e. Psalms 19:1-14

### **Prayer 7: Agreement (All day and all night): “Amen”**

**Amen means**, Agreed, I agree, you said it, Yes, indeed! This is to have total faith in God and His ability to answer your prayer. The key to a successful prayer lifestyle is faith. Have faith in God when you pray believe that God has heard you and don't doubt. Then you will see God coming through for you. (Mark 11:22-24) Jesus answered them, "Have faith in God (Agree with God). (23) I assure you that whoever tells this hill to get up and throw itself in the sea and does not doubt in his heart, but believes that what he says will happen, it will be done for him. (24) For this reason I tell you: When you pray and ask for something, believe that you have received it, and you will be given whatever you ask for. (James 1:6-7) But when you pray, you must believe and not doubt at all. Whoever doubts is like a wave in the sea that is driven and blown about by the wind. (7) If you are like that, unable to make up your mind and undecided in all you do, you must not think that you will receive anything from the Lord.

### **Agreement Instructional Example**

- Thank God for answered prayers and agree with His word
- Read out loud a Bible verse of meditation, i.e. Psalms 25:1-22